

Self-Guided MBTI® Certification Program FAQ (May 2024)

General

What is the self-guided MBTI® Certification Program?

The self-guided MBTI® Certification Program is an online training course for the *Myers-Briggs Type Indicator*® Global Step I™ and Step II™ assessments. The overarching goal of the certification program is to help you learn the essential knowledge and skills required to purchase and apply the MBTI assessments ethically and competently with individuals, teams, and organizations.

The program comprises 15 learning modules—12 self-paced online modules and 3 live, instructor-led sessions via Zoom—all of which can be completed to your own schedule. It also includes prework, offline learning assignments, a multiple-choice, open-book exam, and a post-course survey. The program is available to purchase online. Once purchased, you'll have immediate access with up to 90 days to complete the curriculum and pass the certification exam.

Reflecting the same core content as our other paths to MBTI certification, the self-guided version of the MBTI Certification Program leads to the same outcome: certification to purchase, administer, and interpret the MBTI Step I and Step II assessments.

Program Design and Content

How is the program structured and what's covered in the 15 learning modules?

The program reflects the same core topics taught in our instructor-led MBTI Certification Program. Please refer to the [Self-Guided MBTI Certification Program Outline](#) for full details of the content and learning outcomes covered in each module.

How long does it take to complete the program?

We estimate that it takes around 30 to 40 hours to complete the program, which is similar to the time commitment for a public taught program covering both Step I and Step II. However, the self-guided program allows you to break up your learning into manageable chunks that fit your own schedule. You'll have 90 days to complete the program after purchase.

How is the self-guided MBTI Certification Program similar to or different from the public or in-house MBTI Certification Program?

The three options represent different paths to certification, but they all share the same core content and lead to the same outcome: certification to purchase, administer, and interpret the MBTI Step I and Step II assessments.

That said, there are differences between the three program options that may make one more suitable for your needs and your preferred learning style. For help choosing the right option, please refer to the comparison tables below:

www.themyersbriggs.com



Public MBTI Certification	Self-Guided MBTI Certification	In-House MBTI Certification
For individuals who prefer an instructor-led learning experience and interaction with participants from outside their organization.	For individuals who prefer a self-paced, online learning experience with flexibility to follow their own schedule.	For organizations looking to certify a group of employees with a dedicated in-person or virtual program.
<ul style="list-style-type: none"> • Certification for the MBTI Step I and Step II assessments offered separately • Three days of instructor-led training for MBTI Step I certification, with an additional two days for MBTI Step II certification • In-person or virtual options available • A wide selection of program dates 	<ul style="list-style-type: none"> • Certification for both the MBTI Step I and Step II assessments • Self-guided, online, and on demand • Rich, interactive content to explore at your own pace • Three short virtual instructor-led sessions • Immediate access with up to 90 days to complete certification 	<ul style="list-style-type: none"> • Certification for the MBTI Step I and Step II assessments together or separately as required • For groups of 6+ people from the same organization • Three days of instructor-led training for MBTI Step I certification, with an additional two days for MBTI Step II certification • In-person or virtual options • Flexibility to customize dates and logistics

	Public	Self-Guided	In-House
Curriculum	Same core curriculum and all lead to same certification outcome		
Participant materials	Mostly physical materials	100% digital materials	Mostly physical materials
Time commitment (hrs.) and time to certification	Around 45 hours over 5 days (3 days for MBTI Step I and 2 days for Step II)	Around 30 to 40 hours over up to 90 days	Around 45 hours over 5 days (MBTI Step I and II)
Participant learning experience	Instructor-led experience with cohort-based learning	Self-guided experience with limited instructor-led, group-based learning	Instructor-led experience with cohort-based learning with colleagues
Availability	Available across Europe in local languages via The Myers-Briggs Company or our training	On demand, purchase anytime; available in English only	Flexible

www.themyersbriggs.com



	partners; multiple sessions offered per month		
Lead-time to purchase/schedule	Book in advance with cut-off	Instantaneous	Varies but requires some lead time
Bulk purchase	Yes	Yes, via our Sales or Customer Support teams	Yes
Payment options	Online and phone orders	Online orders only with credit card; invoicing available for orders via Sales or Customer Support	Invoice
Participant support during program	Immediate access to faculty	<ul style="list-style-type: none"> • Help articles on the learning platform • Phone or email customer support* • Immediate access to faculty during instructor-led sessions only <p>* Not available during weekends and evenings</p>	Immediate access to faculty

What's the purpose of the instructor-led sessions and how do they work?

These sessions focus on key topics related to the MBTI Step I assessment, reinforcing your self-paced online learning with experiential activities and expert Q&A.

The first instructor-led session is a facilitated MBTI Step I group feedback session. During this session, you'll explore your own personality preferences and verify your best-fit four-letter type. This experience is an essential foundation for the rest of the program.

The later instructor-led sessions provide opportunities for you to explore type dynamics and experience group application activities to broaden your understanding of the MBTI framework. These sessions are also an opportunity to ask questions of an MBTI expert to clarify any areas of difficulty. Instructor-led sessions focus on the MBTI Step I assessment to help you gain a complete understanding of Step I before moving on to explore Step II with additional self-guided learning modules.

www.themyersbriggs.com



The three instructor-led modules are facilitated online sessions run via Zoom. You can choose the session you'd like to attend for each module from a calendar of available sessions. Each session lasts 2 hours and 45 minutes.

The exact schedule for instructor-led sessions will vary throughout the year. Please see the "Program Logistics" section below for more details.

Pricing and Purchase

What is the price of the self-guided MBTI Certification Program?

The program is priced at £3,195 or €3,890 per person plus applicable VAT. Please note that prices are subject to change without notice; you can check our website or contact us for current prices.

How do I access the program?

You can buy the self-guided MBTI Certification Program directly via the product page and pay with a credit card. Once your purchase is complete, you'll have immediate access to start learning.

If you'd like to purchase the self-guided certification in bulk for a number of people at your organization, please [contact our Customer Support team](#) for more information.

What materials and resources are included in the program fee?

You'll receive an interactive participant workbook and your own MBTI Step I and Step II reports during the program. You'll also receive the following products—all in digital format—included in your program fee:

- MBTI® Global Manual for the Step I™ and Step II™ Assessments (Fourth Edition)
- Introduction to Myers-Briggs® Type
- Exploring Your Myers-Briggs® Type Workbook
- Understanding Your MBTI® Global Step II™ Results
- MBTI® Step I™ Feedback Cards
- MBTI® Step II™ Feedback Cards
- MBTI® Step II™ User's Guide*
- Understanding and Working with Personality Type Workshop Facilitation Kit*
- MBTI® Certification Program Practitioner Tools*

*Materials provided after certification.

On successful completion of the program, you'll also receive a one-year license for our Elevate® assessment platform to help you get started as an MBTI Certified Practitioner. For customers in the EU, please note that you'll be onboarded to the Elevate platform instead of the OPPassessment platform.

www.themyersbriggs.com



Can I get a refund after purchasing the self-guided MBTI Certification Program? What about an exchange from the self-guided program to a public in-person or virtual program?

No. As the self-guided MBTI Certification Program is immediately accessible upon purchase, we are unable to offer refunds or exchanges to other MBTI certification options.

Program Logistics

How much time will I have to complete the program?

You'll have 90 days from your purchase date to complete the program. This includes passing the MBTI certification exam. You can use the 10-week timeline included in the [program outline](#) as a guide to help schedule your learning.

What do I need to do to get certified?

To become an MBTI Certified Practitioner, you'll need to:

1. Complete all 12 self-paced online learning modules.
2. Attend and participate in all three instructor-led modules.
3. Complete two practice MBTI Step I feedback sessions and one short follow-up discussion. Full details of these learning assignment are included in the online learning.
4. Pass a multiple-choice exam with a result of 80% or more. You'll have two attempts to pass the exam. If you don't pass the exam on the second attempt, our learning team will reach out to discuss next steps.
5. Complete a brief survey, which is built into the program.

Is the certification exam open-book?

Yes. You can reference the online learning modules (using a second web browser window, for example) or any other program materials as you answer the exam questions.

How long will I have access to the program content after completing it?

You'll have two weeks to revisit the program content after becoming certified. Two weeks after you complete the course, your certification account will be deactivated. However, your program materials will still be available to you on your practitioner Elevate account, which you'll be prompted to set up immediately after certification.

How do I book the instructor-led sessions?

You can book these sessions yourself within our learning management system. There will be multiple session date and times available for you to book anytime during the program. You'll receive an email confirmation and reminder for each session booking; you can also download a calendar invite for each session if you'd like to.

How often are the instructor-led sessions offered?

www.themyersbriggs.com



The exact schedule for instructor-led sessions will vary throughout the year but we will generally offer at least two sessions for each instructor-led module per month, typically at 10:00, 14:00, or 17:00 GMT on a weekday. You will be able to see and book all sessions from within the learning management system.

Please note: Session availability cannot be guaranteed until booked within the learning management system. This timetable is under constant review and may be subject to change at short notice at the sole discretion of The Myers-Briggs Company.

Who will be the instructors for these instructor-led sessions?

Instructors will be The Myers-Briggs Company faculty or associates who are highly experienced MBTI experts.

Can I earn continuing education credits through the self-guided MBTI Certification Program?

One of the many benefits of becoming MBTI certified is receiving Continuing Coach Education (CCE) hours for the work you put in. The self-guided MBTI Certification Program is accredited by the International Coaching Federation (ICF). [See the available hours.](#)

Is the program accessible?

Yes. The program is compatible with screen readers and keyboard navigable. All video content has both closed captioning and transcripts. All audio content includes accompanying transcripts.

Are there any technology requirements for the program?

To complete the self-guided MBTI Certification Program, you'll need an Internet-connected device that can run Zoom video conferencing software. The online learning modules are designed to work on desktop and laptop computers, tablets, and smartphones. You'll need a JavaScript-enabled Internet browser such as Google Chrome, Firefox, or Safari (Mac and Apple iOS only), plus Adobe Reader to open pdf downloads.

Privacy and Data Protection

How long is personal data stored within the learning management system?

User accounts, including all participant progress and files, will be permanently deleted from the learning management system's servers 14 days after a participant completes the program or 18 months after account registration, whichever is sooner.

www.themyersbriggs.com

