

Boosting performance and planning with an MBTI teambuild

A new manager leads a team of long-term employees and newer recruits who don't really know each other. How can she build team relations as quickly as possible?

Alex Smith, Marketing Manager for Diageo's Gins Team, took over leadership of the marketing team in early 2008, bringing together a group comprised of some longstanding employees and some new recruits. Aware of the team's very limited exposure to one another, she was keen to find a way to transform the diverse group of strangers into an efficient marketing team in as short a space of time as possible.

Already widely used across the company, Smith was convinced of the credibility of the MBTI® tool and felt it would work well as a means to kick off the team's journey. She spoke to the HR Department at Diageo who were supportive of the intervention.

A teambuilding away day was organized with the objective of gaining an understanding of everyone's preferred working styles, both at the individual and team level.

Several of the participants already knew their MBTI type, and so the team was generally very receptive to the idea of using the MBTI tool in this context. "We really wanted to use the away day to foster a sense of togetherness in the team, so that we would be equipped to think about and discuss how we wanted to work together, as part of the development," Smith explains.

Business Challenges

- A new, cohesive team that includes existing employees and new recruits
- An understanding of working styles at individual and team level
- Success and a results-driven team

Company Profile

Leading premium drinks manufacturer Diageo sells some of the most well-known alcoholic brands across 180 markets worldwide, including Guinness, Moët & Chandon and Smirnoff. The company has offices in 80 countries and employs over 30,000 people.

Diageo

Solution

In setting up the teambuilding day, Alex worked with our consultants to put together a package of exercises that fitted Diageo's business needs. "The consultant spent a lot of time talking to me in order to understand the team and the individual circumstances of the people in it," she explains. "This meant that when it came to setting the tone for the development, we got it just right, and everyone was made to feel very comfortable during the event. It provided a good basis for some honest and very productive conversations."

The client's feedback about our expertise is very positive. The consultant "had a total grasp on what I wanted to get out of the session... I felt a sense of ownership over the day and absolute confidence in the way it was facilitated." In this way we supported Smith's own style of management, which is focused on creating an environment of mutual support.

At its simplest, the team development event was an excellent opportunity for the new team to get to know each other better. While two of the team members had worked very closely together for several years, others were completely new to the team and to the company. This dynamic was explored during the session, using an understanding of MBTI preferences as a framework. "Having a small number of people who know each other very well can actually be counterproductive, creating a sort of 'team-within-a-team'. Those people don't necessarily realize the impact this has on their colleagues, so using the MBTI in awareness-raising provided a useful starting point for that exploration."

While this exercise showed that several of the team had a lot in common, it also highlighted areas of disagreement. As a new manager, Smith felt that the MBTI session gave her a fast track towards knowing how to motivate different people. This saved her time and avoided potential misunderstandings.

The number one objective for the session was "to come away with an appreciation of each others' strengths and weaknesses, and a collective agreement on how to support each other going forward."

Solution

- MBTI team development

“ Six months after the development we have a team able to talk openly, working brilliantly together, and as a result we've delivered some really top-quality ideas and plans. ”

Alex Smith,
Marketing Manager. Diageo

Diageo



The MBTI intervention gave the team an accessible yet insightful framework for understanding their different preferences and individual talents.

After the event, Smith says that people were very aware of each other's working styles and ways of perceiving things. "We all learned which were the right 'buttons' to press to access each other's strengths and perspectives, and now we consciously 'use each other' on an informal basis, ensuring that as a team we have thought about all of the different aspects of a project or task." She sees this as evidence that the development has accelerated productivity and effectiveness as well as trust and mutual respect in the team.

Results

Smith's team have made a conscious effort to maintain the impetus from the MBTI event in their daily work. They hold regular group sessions to evaluate their projects and performance, using their new-found understanding to support and coach each other through the everyday challenges they face.

Since the team event, work has been "very pressurized... we are currently in a very intense period of planning for the year ahead, but six months after the development we have a team able to talk openly, working brilliantly together, and as a result we've delivered some really top-quality ideas and plans."

Using their complementary preferences and styles, the team is able to deliver on both the 'whats' and the 'hows'. Smith knows that only a team working together like this can achieve the best outcomes, and she is convinced that this supports their ethos of being extremely success and results driven. "I wouldn't hesitate to recommend this process to another team in the organization," she concludes.

Results

- Mutually supportive team
- High quality ideas and plans
- Increased communication between staff members
- Enhanced leadership style



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